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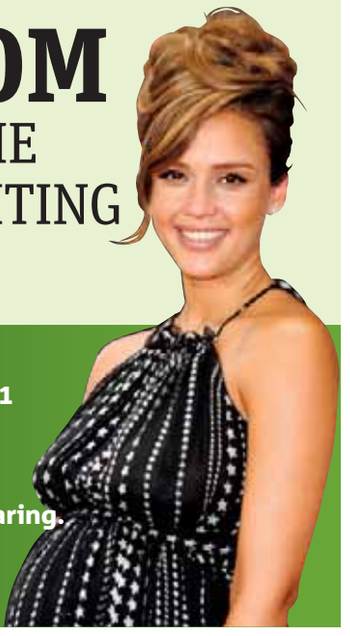
**TRANSIT IN THE CITY**
SPECIAL FEATURE COMPARES SYSTEMS ACROSS CANADA {page 3}

# SUPERMOM
## ALBA'S SAVING THE WORLD AND AWAITING DIAPER DUTY {page 12}



OTTAWA metro®
Monday, August 15, 2011
www.metronews.ca
News worth sharing.

**Guatemalan.** Dance

▶ Marvin Alvarado, 14, performs The Dance of the Conquest.

JESSICA SMITH/METRO

## Celebrating their heritage

**Marvin Alvarado was one of several dancers who performed at Latin American Heritage Day at city hall yesterday. His handmade Guatemalan costume symbolizes the Spanish conquerors who invaded Guatemala in the 16th century.**

# Anti-asbestos ad runs afoul of Tory trademark claim

**Widow says she'll only pull ad if top Conservative official agrees to meet and explain party's stance on industry**

The federal Conservative party has sent a threatening email to the widow of an asbestos victim in the latest chapter of Canada's debate over the hazardous mineral.

A top Tory official is warning the woman to stop using the party logo in an online ad campaign against the controversial industry — a campaign she started after her husband died of an asbestos-related cancer.

Michaela Keyserlingk, whose husband Robert died in 2009 of mesothelioma, has been running an online banner since the spring that reads, "Canada is the only western country that still exports deadly asbestos!" The banner is flanked by the word "DANGER" and an image of the Tories' official symbol.

She says her husband was a lifelong Conservative supporter and was even a riding-association president of the old PC party — and he would be ashamed of its continued support for the industry.

Conservative Party executive director Dan Hilton has sent her an email telling her to immediately stop using the party logo. Hilton accuses the Ottawa woman of violating trademark laws, and warns of further consequences if she persists.

Canada, which barely uses the hazardous material domestically, exports asbestos to poor countries.

The industry and the Conservatives say asbestos is safe if properly handled — but asbestos critics say the product is used mainly in developing countries where safety standards are haphazard.

THE CANADIAN PRESS

GRAHAM HUGHES/THE CANADIAN PRESS

▶ Michaela Keyserlingk holds a photo of her late husband, Robert.

**"I just want to have the asbestos trade stopped because it's such a horrible death."**
MICHAELA KEYSERLINGK

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1 news

"Rock Snot" becomes a global invasive species after spreading from Canada to congest rivers worldwide. Scan code for story.

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**On the web at metronews.ca**

**Anxious investors hope for a break from recent turbulence on the stock markets. Video at metronews.ca**

Follow us on Twitter @metroottawa

**Sweet.** Slide

▶ Fat Cats infielder Cody Mombourquette slides into home, scoring one of his team's eight runs against the Barrie Baycats in Ottawa yesterday evening.

JESSICA SMITH/METRO

## Fat Cats beat Baycats

**The Ottawa Fat Cats are headed to the Intercounty Baseball League finals after last night's 8-5 win over the Barrie Baycats. The Fat Cats swept the Baycats, taking the first four games of the semi-final series.**
**The trip to the finals will be the first for the Intercounty Baseball League team, which is only in its second year.**

# Feds tarred art show, artist says

### Artist has raised $2,500 of $4,000 she needs to bring political protest to Ottawa billboards

JESSICA SMITH
@METRONEWS.CA

An artist who blames the feds for kiboshing her tour is trying to take her art to Ottawa instead — to display it somewhere Prime Minister Stephen Harper can't miss it.

If Franke James succeeds, "Dear Mr. Prime Minister, stop blacklisting environmental artists and scientists," is the message Stephen Harper will see on a billboard in Ottawa.

James was set to show her art, which condemns the environmental effects of tarsands development, on a 20-country tour in Europe and Asia. The tour was organized by Nektarina, a Croatian non-profit group and funded by two private backers. But after Nektarina contacted Canada's embassy in Croatia a few months ago it all fell apart.

On its blog, Nektarina said its request for $5,000 funding was denied by a Canadian Embassy official who said, "She (Franke James) speaks against the Canadian government." The group was "patronized and even intimidated" in its dealings with the Canadian government, the post said.

James claims her tour was intentionally torpedoed and said she personally believes the government put behind-the-scenes pressure on her backers to withdraw their support.

"When that happened, I decided that what I'd like to do is put a message on billboards and bus shelters in Ottawa," said James.

She turned to LoudSauce, a group that raises money through social media to buy ad space for messages about civic responsibility.

The Department of Foreign Affairs and International Trade said little about James' complaints in response to media inquiries.

"Ultimately, Canadian missions did not fund this artist's European tour," department spokesperson Jean-François Lacelle said in an email to the Toronto Star.

WITH FILES FROM TORSTAR NEWS SERVICE

JESSICA SMITH/METRO

▶ Artist and tarsands critic Franke James is raising money on the Internet to put this poster on a billboard in Ottawa.

*For more local news visit metronews.ca/ottawa*

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TRANSIT IN THE CITY

# Compare and contrast

**Do you think your city has the steepest bus fare in the country? Or that there aren't enough buses during rush hour? For the next three days, Metro will be analyzing the transit systems in eight cities across the country and catching up with commuters to find out what grinds their gears — and what they love — about transit in their city**

## VANCOUVER

- **KM SERVED:** 3,500.
- **TYPES OF TRANSPORT:** Bus, electric trolley, train, subway, ferry.
- **COST PER RIDE:** $2.50; transfer good for 90 minutes.
- **MONTHLY ADULT PASS:** $81.
- **SPECIAL FEATURES:** System has one of last remaining electric trolley fleets in North America. Both SkyTrain and Canada Line trains are driverless systems. Can text transit-stop number to TransLink to learn arrival time of next bus.

## EDMONTON

- **KM SERVED:** More than 40 million each year by bus.
- **TYPES OF TRANSPORT:** Bus, LRT (train).
- **COST PER RIDE:** $2.85; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $84.65.
- **SPECIAL FEATURES:** Patrons can get bus schedules through a smartphone app or by sending a text message to 31100.

## OTTAWA

- **KM SERVED:** 6,785.
- **TYPES OF TRANSPORT:** Bus, O-train.
- **COST PER RIDE:** $3.25 or two tickets for $2.60; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $94 regular pass, $116 express.
- **SPECIAL FEATURES:** Transitway, a system of dedicated roadways and lanes reserved for transit and emergency vehicles, lets buses move quickly. All buses are low-floor, accessible and equipped with automated stop-calling systems.

## HALIFAX

- **KM SERVED:** 52,500 per day for buses.
- **TYPES OF TRANSPORT:** Bus, ferry.
- **COST PER RIDE:** $2.25; $1.80 bus ticket; transfer good in any direction.
- **MONTHLY ADULT PASS:** $70.
- **SPECIAL FEATURES:** MetroLink buses take passengers from residential areas to downtown non-stop. Service hours increased by 50 per cent since 2002. GoTime allows passengers to call bus stop and hear scheduled departure.

## CALGARY

- **KM SERVED:** 848 sq. km.
- **TYPES OF TRANSPORT:** Bus, C-Train.
- **COST PER RIDE:** $2.75.
- **MONTHLY ADULT PASS:** $90.
- **SPECIAL FEATURES:** C-Trains powered by wind-generated electricity through the Ride the Wind program. Since 2001, the C-Trains have been 100 per cent emission-free.

## WINNIPEG

- **DAILY PASSENGER TRIPS:** 110,000.
- **TYPE OF TRANSPORT:** Bus.
- **COST PER RIDE:** $2.40 cash or $2.10 bus ticket.
- **MONTHLY ADULT PASS:** $75.35.
- **SPECIAL FEATURES:** Free downtown spirit bus, free transit rides before and after Blue Bomber games, school charters.

## LONDON

- **KM SERVED:** 11.6 million projected for all of 2011.
- **TYPE OF TRANSPORT:** Bus.
- **COST PER RIDE:** $2.75 cash or $1.90 with ticket; includes 90-minute transfer.
- **MONTHLY ADULT PASS:** $81.
- **SPECIAL FEATURES:** Tuition passes for students, park-and-ride pass for $50. London Transit buses are available on a charter basis for conferences and events.

## TORONTO

- **KM SERVED:** 215,631.
- **TYPES OF TRANSPORT:** Bus, streetcar, subway, train.
- **COST PER RIDE:** $3 per ride; transfer good in one direction only.
- **MONTHLY ADULT PASS:** $121.
- **SPECIAL FEATURES:** Hybrid buses make up close to 40 per cent of fleet. Bus drivers will drop female passengers off anywhere along route from 9 p.m. to 5 a.m. More than 97 per cent of bus fleet has bike racks. Can text stop number to learn arrival of next bus.

# Transit progress to come

STEVE COLLINS
OTTAWA@METRONEWS.CA

By 2014, the purchase of six new trains is expected to increase frequency to every eight minutes (up from every 15) and increase capacity to 2,000 passengers per hour in each direction.

By 2018, the first $2.1-billion phase of Ottawa's light-rail system is to be completed through Ottawa's downtown from LeBreton to Blair stations. Council has still not decided on the second stage of the project.

"It's great to dream about the next phases," said Mayor Jim Watson, "and it's great to see council very enthusiastic about wanting the route further east, further west and further south, but let's get Phase 1 done first, and then we'll start working on the following phases."

# Your take ...

### SOUND OFF

Bus stops without shelters? Tardy service? What grinds your gears about your city's transit system? What do you love about it? Metro wants to hear from you. Tweet us at@metroottawa.

### RATE YOUR SYSTEM

Check out our online poll and rate your city's transit system. Visit metronews.ca. Poll results will be printed in tomorrow's edition.

### BUILD YOUR IDEAL SYSTEM

If you had the power to change your city's transit system, what would you do? Create 24-hour service? Put debit machines on buses? Email us at ottawaletters@metronews.ca or send us a message on Twitter. The best answers will be printed in Wednesday's edition.

METRO

**Coming up next**

Grab a copy of Metro tomorrow, in which we'll look at transit riders' praises and pet peeves.

# Rethinking England's homegrown gangs

## Leaders of U.K. riots take cues from American gang culture, say experts PM Cameron seeks outside help

The Burger Bar Boys. The Cash or Slash Money Crew. The Bang Bang Gang. These names might sound straight out of a dime-store novel, but they're real-life Birmingham gangs — underground armies that spearheaded England's worst riots in a generation.

As Britain comes to grips with the causes of the past week's descent into anarchy, Prime Minister David Cameron has identified the growth of gangs as a key factor and is recruiting high-profile American anti-gang experts to help bring them to heel.

While senior British police officers openly resent that move, analysts of gang culture say it seems logical to seek American assistance, because today's British gangs consciously ape American gang ambitions and style, from the bling to the lingo.

They talk in a street patois shaped by U.S. rap lyrics, use noms de guerre lifted straight from American gangster films and crime dramas, and choose such icons as Don Corleone, Al Pacino's Scarface or Baltimore ganglord Stringer Bell of The Wire TV series as their avatars on social-networking sites.

British law enforcement authorities admit that, until only a few years ago, they sought to minimize the scale and violent potential of their homegrown gangs. They promoted their preferred label of "delinquent youth groups" and billed full-blooded street gangs as an American phenomenon.

**"These teenage gangsters are creating their own criminal worlds, and in their minds it's very much an Americanized world. When they talk about the police, it's 'the Feds' or 'The 5-0,' as in Hawaii 5-0."**
**CARL FELLSTROM, AN EXPERT ON ENGLAND'S GANGS**

THE ASSOCIATED PRESS

**Celebration.** Of love

▶ A performer dances with a spectator during the annual gay pride parade in Montreal yesterday.

GRAHAM HUGHES/THE CANADIAN PRESS

## Taking Pride in Montreal's streets

# Body of skydiver found in N.B. field

RCMP are investigating the death of a man who went skydiving Saturday afternoon in New Brunswick.

Police said the 34-year-old's body was found in a field off Highway 115 in Notre-Dame, about 30 kilometres north of Moncton. "The skydiver fell to his death," Sgt. Jamie Melanson said yesterday in an interview. "We received a call that there was a body and, for all intents and purposes, it was a skydiving accident."

Police said the man was from Notre-Dame, but did not release his name pending notification of his family. THE CANADIAN PRESS

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# Ownership claim is 'fraud': Facebook

## Lawyers cite 'painstaking forensic analysis' they say proves claimant's contract with founder is fake

PAUL SAKUMA/THE ASSOCIATED PRESS

▶ Mark Zuckerberg

Attorneys for Facebook and its founder, Mark Zuckerberg, say they have found "smoking gun" evidence on a New York man's computer proving he made up his claim that a contract he signed with Zuckerberg in 2003 gives him part ownership of the social network.

Facebook attorney Orin Snyder said Paul Ceglia has not complied with a judge's order to hand over certain electronic documents and that he has mislabelled others as confidential.

"He does not want the public to know what was discovered on his computers because it includes smoking-gun documents that conclusively establish that he fabricated the purported contract and that this entire lawsuit is a fraud and a lie," Snyder wrote.

Ceglia, of Wellsville, N.Y., says he and Zuckerberg met and signed a two-page agreement in the lobby of a Boston hotel on April 28, 2003. Zuckerberg, then a Harvard student, had replied to a help-wanted ad on the Craigslist website for work on a street-mapping database called StreetFax that Ceglia was creating.

According to the lawsuit, the contract shows that Ceglia paid Zuckerberg $1,000 to work on the project and gave him another $1,000 after Zuckerberg told him about his idea to create a kind of online yearbook. Ceglia was to get half of the business if it got off the ground. Ceglia attached a series of email exchanges in which he said he and Zuckerberg discussed the arrangement.

Facebook lawyers have accused Ceglia of altering the street-mapping agreement to insert references to Facebook and fabricating the emails altogether.

THE ASSOCIATED PRESS

**Market moment**

PRICES AS OF 5 P.M. FRIDAY

| TSX | Dollar |
|---|---|
| + 2.4 (12,542.20) | - 0.24¢ (100.94¢ US) |
| **Oil** | **Natural gas** |
| - 34¢ ($85.38 US) | 1,000 cu ft $4.06 US (- 4.8¢) |
| | **Gold contracts** $1,742.60 US (- $8.90) |

## Gold a red-hot seller on eBay

The recent stock market turmoil has been a boon for gold sellers on eBay Inc. The website's Bullion Center says sales of one-ounce gold American Eagle coins and one-ounce gold Pamp Suisse bars rose steadily from Aug. 5 to Wednesday, before dipping slightly on Thursday. THE ASSOCIATED PRESS

**People.** Power

▶ Tang Jun, Dalian city's senior official, second from left on the police van, addresses the crowd protesting the Fuija chemical plant yesterday after Tropical Storm Muifa raised fears of a toxic spill. Dalian is in Liaoning province in northeast China.

KYODO NEWS/THE ASSOCIATED PRESS

## Beijing bows to protesters

**Authorities in the Chinese port city of Dalian ordered the petrochemical factory shut down after more than 12,000 people demonstrated over pollution concerns, state media said. Despite the apparent success of the protest, censors quickly began deleting references to it on social networking sites, a usual practice to prevent demonstrations from spreading.**

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|---|---|---|---|---|
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| | | |
|---|---|---|
| Australia 1.9 ¢/min | Israel 1.9 ¢/min | South Korea 2.9 ¢/min |
| Bosnia 13.9 ¢/min | Italy 1.9 ¢/min | Sri Lanka 9.9 ¢/min |
| China 1.9 ¢/min | Lebanon 7.9 ¢/min | Trinidad 4.9 ¢/min |
| Colombia from 3.9 ¢/min | Mexico from 1.9 ¢/min | U.A.E. 14.9 ¢/min |
| Cuba 89.9 ¢/min | Pakistan 5.9 ¢/min | U.K. 2.9 ¢/min |
| El Salvador 9.9 ¢/min | Philippines 11.9 ¢/min | Vietnam 4.9 ¢/min |
| Germany 1.9 ¢/min | Poland 1.9 ¢/min | Serbia 7.9 ¢/min |
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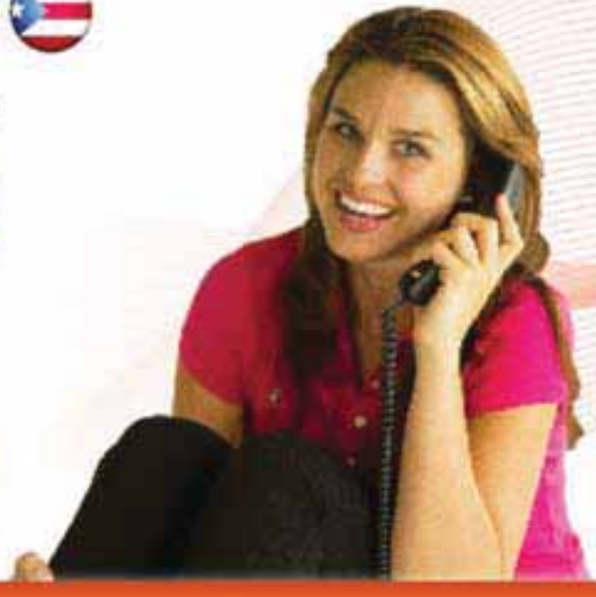

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# LIFE WITHOUT WHEELS IS GREAT IF IT'S BY CHOICE

## URBAN COMPASS

STEVE COLLINS
METRO OTTAWA

Most of the time, I like being carless, saving the costs of insuring, maintaining, parking and feeding a vehicle, and missing out on the aggravation of the automotive horn-and-middle-finger parade. Part of the point of living in a city for me is being able to walk and bus anywhere I'm going.

There are drawbacks, of course. Buses can be a frustrating way to get somewhere on time, and trips to suburban locales that OC Transpo touches only rarely and glancingly leave me budgeting an extra hour to get there and back, or bumming yet another ride from one of my long-suffering friends. (Hi, Matt!)

Overall, though, I don't miss driving. There's something that just seems lazy about it. Get in, turn key, go. You don't have to give much thought to how you'll get anywhere, so you miss out on mental exercise as well as physical.

**"The car also has a way of creating errands. I rented one this past weekend for an out-of-town trip, and one of the first things I found myself doing was shopping, picking up a few things I'd been meaning to get because it was now easier, but also a few things I might not have bothered with otherwise."**

The car also has a way of creating errands. I rented one this past weekend for an out-of-town trip, and one of the first things I found myself doing was shopping, picking up a few things I'd been meaning to get because it was now easier, but also a few things I might not have bothered with otherwise. Cars are shopping machines.

I'm hardly a modal chauvinist pig, though, smugly flaunting my dainty, wee carbon footprint at the car-bound. You use the transport that works for your situation. People have kids and commutes and other needs that demand wheels.

I'm also (reasonably) able-bodied and carless by choice. The city can be hard on those who aren't, and that's why I was impressed this week by Jana Mitchell, the 27-year-old entrepreneur behind Wheels for the Wise, a new driver-companion service aimed at seniors, particularly those with physical or mental disabilities.

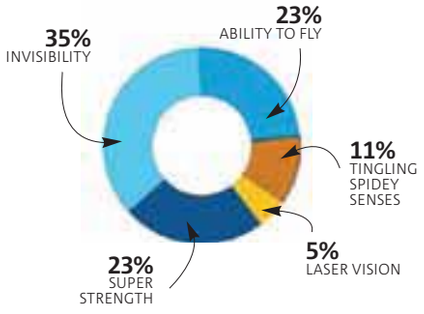
Their drivers pick up clients, take them to the medical appointment, shopping trip or social happening, and help them get whatever they came to do done, carrying bags, helping with wheelchairs or just providing a bit of company.

"Even though some clients don't necessarily need the constant physical assistance, it's just simply knowing that someone is there if they need them," Mitchell said.

At $45 an hour, the service might take a biggish bite out of some fixed incomes, but it struck even my auto-agnostic self as a pretty smart use of a car. Wheels for the Wise is at 613-709-9473 or wheelsforthewise.com.

Metropolitan Panel
**Register at metropolitanpanel.ca and take the quick poll**

**If you could have one super power, what would it be?**




## Local tweets

**@itsmykiwi:** Whats with Ontario taking all of my Indian friends?? Got one moving to ottawa soon :(

**@hardtoturnoff:** I love movies and I'm queer and I'm looking to get more involved why am I not working at Ottawa's queer film fest?

**@FPRINCEOFBELAIR:** wen I watch the ottawa weather network, the reporter's west indies accent makes me feel like I'm watching toronto's

**@so_bell:** Brigette DePape visits the corner of Bank and Fourth, apparently. (Take 2.) #yow #cdnpoli

**@giggey:** City council turned into latin american art exhibit. #yow

**@izzynobre:** Ottawa = ÓROUA. Toronto = TORONO (essa é mais característica de canadenses q o estereotipado "aboot")

**@ctoverdrive:** The countdown to being back on Canadian soil begins. Less than 48 hours. #yow #timhortonsdeprived

## Worth Mentioning

**SMALL TOWN.** Small Canadian towns are painfully aware of the existential predicament they face. Few are strangers to the sobering realities of declining and aging populations, young people fleeing to cities, difficulty maintaining infrastructure, and sky-high unemployment.

But residents of some small towns are working to reverse the trend, drawing both on creative ideas and on the good old-fashioned community spirit that tiny towns are known for.

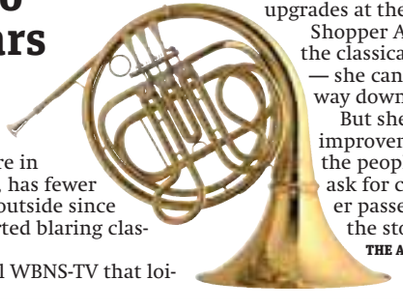
Residents of the small Quebec village of Notre-Dame-de-Ham have begun a citizens' co-operative to start a combined convenience store/gas station/restaurant. So far, they have 97 members who have contributed $35,000. That means nearly one-quarter of the town's 440 overall residents participated.

Bill Reimer, a Concordia University professor, said one small town, Warner, Alta. — population, 383 — managed, with one crumbling arena and a good local coach, to start an all-girls hockey school that has become nationally renowned. "It's all about finding your niche," he said. THE CANADIAN PRESS

## Cartoon by Michael de Adder

WEIRD NEWS

# Fewer people loitering is music to their ears



Shoppers and employees say a convenience store in Columbus, Ohio, has fewer people hanging outside since the business started blaring classical music.

Customers tell WBNS-TV that loitering has declined quickly outside the United Dairy Farmers location in the Columbus Short North neighbourhood.

Workers, who have also noticed a change, say the new music went on earlier this week as part of upgrades at the store.

Shopper Allie Beck says the classical music is loud — she can hear it all the way down the street.

But she says it's an improvement over all the people who used to ask for change or bother passersby outside the store.

THE ASSOCIATED PRESS

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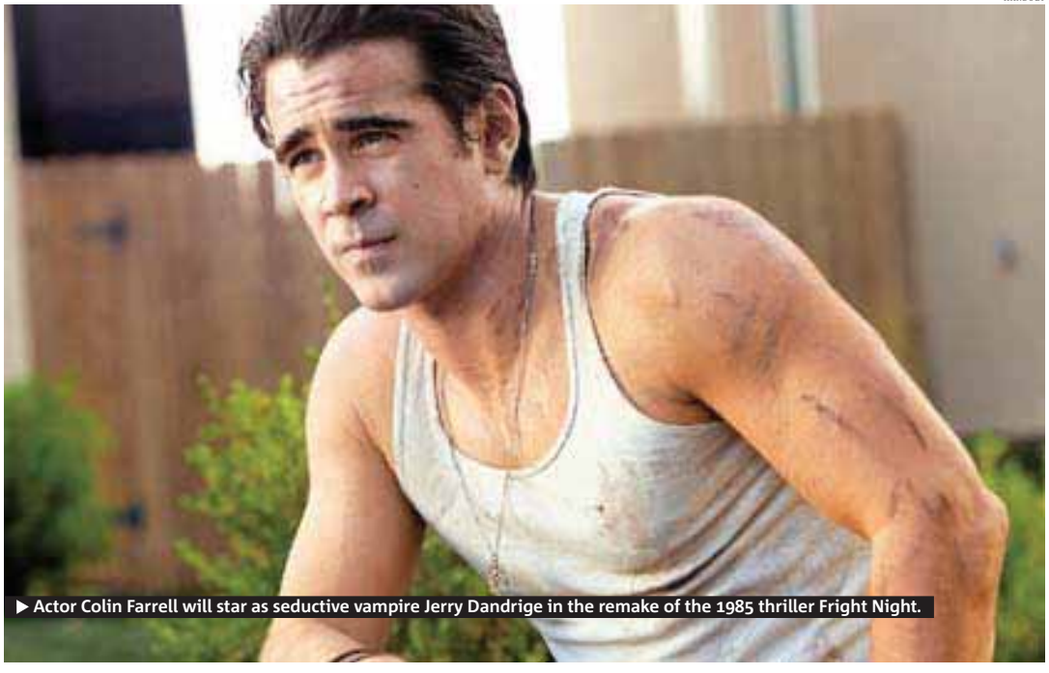
# A remake with its own beat

**Disney's remake of the classic thriller, Fright Night, pays homage to the original while adding own twist to the story Farrell tries to bring his own quirks to vampire character**

CHRIS ALEXANDER
SCENE@METRONEWS.CA

HANDOUT



▶ Actor Colin Farrell will star as seductive vampire Jerry Dandrige in the remake of the 1985 thriller Fright Night.

Tom Holland's original, sublimely campy 1985 vampire thriller Fright Night is one of the most beloved horror films of its decade and the concept of a remake was met with sneers from its most ardent admirers.

How could anyone possibly duplicate the smooth, suave, seductive charm of actor Chris Sarandon as murderous suburban vampire Jerry Dandridge? According to Colin Farrell, who inherited the role in Disney's splashy new 3D remount, you can't.

"Chris was just charismatic, elegant, beautiful and dignified," Farell told Metro last weekend in Toronto.

"My guy has more of an emotional disconnect. In essence there was a lot in the first film that I wish I could have played, but this is a different guy, he's more predatory. If you were around my Jerry, it would be perfectly normal but there's just something…not right."

Farrell's sexy blood-sucking beast is the lethal neighbour of average Nevada teen Charlie Brewster (Anton Yelchin), who slowly starts to believe his nerdy pal Ed (Christopher Mintz-Plasse) and his wild tales of the undead roaming their bedroom community.

After a few close fang shaves, Brewster seeks famous Vegas magician/supernatural authority Peter Vincent (David Tennant) to help him put the stake to Dandridge once and for all.

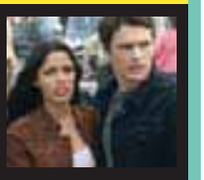
The film uses the original picture's template as a springboard to forge a gory, funny romp with its own beat, though it often takes the time to wink at fans of the first film, including referencing vampire Dandridge's fondness for fruit.

"I had to get that in," says Farrell of echoing the original's sequences of Dandridge eating apples between killings. "It was just one of those things, a nod to the original. I rolled the apple off table and kind of threw it to myself. As Chris Sarandon said to me, (Dandridge) is a fruit bat. But my version also drinks beer…"

Fright Night 3D opens on Friday.

2 scene

## Box office



The Rise of the Planet of the Apes debuted at No. 1 in the weekend box office at $27.5 million. The Help came in second.
THE ASSOCIATED PRESS

**Alec Baldwin to open new season on NBC's 'Saturday Night Live'**

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## Celebrity tweets

@50cent

"I'm traveling to cannes and writing music today"

@PSchwarzenegger

"Just visited Harvard university. Great college but I'm not adding it to the list. Stanford, USC, Penn, Georgetown are my tops for now."

@justinbieber

"summertime ... saturday... and i got school. sweet"

## Quick Dish

▶ Maddox Joli-Pitt

### No stardom yet for Maddox

**PREMATURE.** Rumors about Maddox Jolie-Pitt going into the family business are premature, it turns out. Speculation was sparked last week that the 10-year-old would be making his film debut in Battling Boy, an action movie Brad Pitt's company is producing, but sources say the rumors are simply "not true." METRO

# Lohan meets rehab deadline

ALL PHOTOS GETTY IMAGES

▶ Lindsay Lohan

**▶ Tells judge she can't afford a therapist ▶ Judge doesn't buy it**

Lindsay Lohan has reportedly started therapy for her issues, as ordered by the court — and just in time, as the deadline for the troubled actress to start treatment is later this week, according to E! Online.

During a court appearance last month, Lohan had told the judge she was trying to find the cash to pay for therapy. In response, the judge told Lohan's lawyer that the actress "needs to find an individual therapist that takes a credit card." METRO

# Winehouse letters, tracks, lyrics stolen

In another blow to Amy Winehouse's already upset family, unreleased tracks, lyrics and letters by the late singer have reportedly been stolen from her London home, according to Hollyscoop.

"This is such a sickening shock to the family," the source says.

"The family, record label and management are months away from deciding what to do with any unreleased music. For that to be taken out of their hands is horrible."

Winehouse's father, Mitch Winehouse, is reportedly hoping the issue will resolve itself, though.

"Mitch is willing to give whoever has stolen the items a chance to do the right thing and put them back so it doesn't have to get messy," the source says. METRO

▶ Amy Winehouse

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# Yeah, baby — Powers is back

Mike Myers has signed a deal to star in a fourth Austin Powers movie, according to HitFix. There's no word on whether Jay Roach, who directed the first three films, will be returning as well. Myers' last live-action starring role was in 2008's The Love Guru, which was a critical and commercial failure. He's since kept a fairly low profile, lending his voice to a forth Shrek film and making a cameo in Quentin Tarantino's Inglourious Basterds.

Myers married girlfriend Kelly Tisdale last year and recently announced that they're expecting their first child later this year. METRO

# Second child for Tina Fey

30 Rock star Tina Fey and husband Jeff Richmond welcomed their second daughter last week, her rep confirms to Us Weekly. Penelope Athena was born August 10, joining her big sister, 5-year-old Alice. Fey wrote in her memoir, Bossypants, that she felt compelled to give Alice a sibling: "My daughter is the only child in her class without a sibling. Most kids have at least two," she wrote. "Who will be my daughter's family when my husband and I are dead from stress-induced cankers? She must have a sibling." METRO

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3 life

# From real mom to spy mom

**With a three-year-old daughter and a baby on the way, Jessica Alba takes on a kid-friendly role in Spy Kids 4 Conversations with the director led to the development of her character**

NED EHRBAR
LIFE@METRONEWS.CA
METRO WORLD NEWS IN HOLLYWOOD

HANDOUT

▶ Jessica Alba, a soon-to-be-mother of two, stars in Spy Kids 4. This is her first children's movie.

Robert Rodriguez is known for bouncing between pulpy grown-up flicks like Sin City and kid-friendly fare like the Spy Kids series, but actress Jessica Alba, who stars in Spy Kids 4, had never seen him take on the latter.

"Robert doesn't change and his process doesn't change," she insists. "But there's a lightheartedness on a set where when there's kids around. You're not blowing things up and there's no half-naked girls and machine guns. There's no cursing. It's kids' stuff and toys."

While this is the third time Alba has teamed with Rodriguez, it's the first time they've done something family-friendly together. "I talked to Robert about wanting to do a movie that my daughter could see," she says. "There's a lot of natural comedy in being a first-time parent and just being in day-to-day situations."

Of course, in Spy Kids 4, a day-to-day situation could mean fighting off evil henchmen and car chases while extremely pregnant, which Alba does early in the film. "Walking up stairs is challenging when you're nine months pregnant," she admits. "I think it was really just a great comedic set-piece. Like, what if a woman's going through contractions while trying to save the world? And, of course, a woman's going to try to do it all."

Alba later found out that it was her conversations with Rodriguez that led to much of her character — a professional spy who puts work on hold for her family.

"He said that my character was inspired by just seeing me trying to balance it all — and probably not doing the greatest job at it, but trying at least," she says with a laugh.

One of the ways she and husband Cash Warren try is by making family thtop priority on the weekends.

**"When they're done with college, if they want to get into the arts, that's fine. But I wouldn't encourage them to work in this type of environment."**
JESSICA ALBA ON DISCOURAGING HER KIDS FROM GETTING INTO SHOW BIZ

"That's when my husband and I make a concerted effort to not e-mail or text and really spend our time with our daughter and just be completely, 100 per cent focused on her," she says. "During the week, it's here and there depending on if I'm busy with meetings or not. It's a little easier now that she's in school. But it's tough, because I do care about my career. But she's my No. 1 priority, so if she's not doing OK, nothing else really matters."

While baby No. 2 is due any day now, Alba is already thinking about what's on her plate next — and it's not necessarily more family fare. "It's not like I want to only do family or kids' movies from now on," she says. "It's just nice to have a movie that my daughter can actually watch. I do miss doing action, and after I have the baby, I'm looking for a good action movie to do."

**You need this**

**Sophie the Giraffe Teether**

A recent article in Slate upped the profile of this rubber toy, already a huge seller on Amazon and in its home country of France (where it sold an estimated 816,000 last year). Will your baby care about the hype?
"Blursh," said ours between bites on its neck. MWN

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Five tips for buying food and household items.

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# WORRYING SIGNS

**How to let your child have his/her freedom while keeping an eye out for unsafe sex, drug use, cutting and other trouble.**

### THE HIPPIE MOM

**Lili Meier**
**Owner, with husband, of My Little Green Shop, which sells organic and sustainable baby products online**

**Has a son, Sebastian, 25 months, and a daughter, Savara, 9 months**

Teenagers will likely rebel if they think their freedom is being unreasonably controlled, so allow them as much as you think they can handle. The teen years should be all about exploring and experimenting — though of course along with that there needs to be lots of guidance and love from parents/caregivers. Be as vigilant as you can and keep an open dialogue. Teens with a lot of self confidence are less likely to behave irresponsibly and that's why helping young people develop healthy self-esteem is critical for parents. Let them know their feelings are important and that they truly matter as people in this world. And reserve judgment. Teens won't share personal problems if they know there'll be grief to pay for doing so.

### THE HIGH-POWERED WORKING MOM

**Avis Jones-DeWeever**
**Executive Director, National Council of Negro Women**
**Mother of two boys, Aidan, 7, and Guy, 14**

Knowledge is power. Arming my sons with age-appropriate, fact-based information about sex, drugs, and other potentially dangerous situations is an ongoing process in my home. Yet knowledge alone is not enough. Equally important is fostering the development of an internal moral compass, a sense of self-discipline, and enough self-confidence to forge a path that may differ from that of their peers. As I see it, guiding my sons along this path to maturity is one of my most critical responsibilities as a parent. To do this, I try to foster a healthy sense of self in my boys by ensuring that they understand and appreciate their history and culture, while also encouraging the discovery and development of individual talents and interests. Mine is a home that also promotes goal-setting and the practice of envisioning the future to which one aspires.

### THE STAY-AT-HOME MOM

**Samantha Mellen**
**Two boys: Lucas, 2, and Joshua, 4 months**

It is my hope that, as I raise my sons, I am teaching them about life, including the "ugly" things like drugs, alcohol, unsafe sex, etc. These topics themselves are very tricky, and they can be even more so when you're talking about them with your kids. I hope to have a strong relationship with my children with open and honest communication. It's my job to train my child in the way they should behave, and what they do from there is up to them. As my boys grow and become teenagers and adults, I will answer questions, I will engage in conversations and I will teach them what is right and wrong, and what is safe and dangerous. With open communication, any warning signs will be noticed and hopefully, we can talk about it together.

# I was a self- cutter

## In this essay, a self injurer, Christie Stewart, speaks

***I can feel the anger welling up in my body, and it feels like I'm drowning after yet another screaming match with my parents. I run to my room, slamming the door behind me. My mind races. I want to relax but the only way to do that is to see my own blood. Without thinking, I grab an Exacto knife from my desk and press it to my arm. Feeling a sharp object slice through my skin stops my pain and tears, and gives me an overwhelming sense of control.***

▶ Stewart

The first time I self injured, at age 13, I had no idea that this was the beginning of something that would become a part of my life for the next 13 years. I didn't know how to deal with my emotions, and self injury seemed to give me an escape.

In 2005, after eight years in therapy, I stumbled across YouTube.

I saw videos of people talking about their lives, and decided to make one talking about my history with self injury, calling myself "xsullengirlx," not knowing what to expect.

The response was overwhelming: people from all over the world contacted me, saying they'd felt alone in their thoughts and self injuring acts, but hearing my story made them realize others were going through the same things. I continued making videos detailing ways to cope, knowing many of my viewers were teenagers. Speaking out on YouTube was therapeutic.

And I could make a difference.

On the flip side, others have posted videos glorifying self injury.

A study in this month's Pediatrics journal worried parents by making headlines: "Many youth who self-injure may go online to find support," said the professor behind the University of Guelph study, "but at the same time they may see videos that could be harmful if self-injury is depicted as typical behaviour or if viewing these videos triggers the behaviour."

These clips show fresh cuts and wounds, usually set to angry music and edited together to look like sexy music videos, enticing teens. They're alluring, for sure. Who wouldn't want to look like an emo starlet out of Twilight, bloody but cool?

The trick, if you're a parent with a troubled kid, is to help them distinguish between those videos and the helpful ones.

And talk.

ISTOCK

▶ Parents need to talk to their teens about self-injury.

# A pizza for everyone

## Kids will be happy that it's pizza; parents will love its veggie-richness

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

▶ This recipe will serve four people.

Is there a kid out there who doesn't love pizza? This vegetable-rich Swiss cheese rendition will be a sure hit, especially because it's homemade.

Serve it with a mixed green salad topped with sun-dried tomato dressing.

### Preparation:

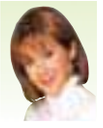
1. Preheat oven to 230 C (450 F).
2. In a frying pan over high heat, melt butter. Sauté mushrooms and garlic until fragrant (do not brown garlic). Add parsley, salt and pepper.
3. Spread the mushrooms on the pizza crust. Top with it rapini or broccoli florets and red onion. Sprinkle with cheese and bake on middle rack of oven for 7 to 10 minutes or until cheese is golden.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

### Ingredients:

- 50 ml (1/4 cup) butter
- 750 ml (3 cups) sliced portobello mushrooms
- 2 cloves garlic, chopped
- 50 ml (1/4 cup) chopped fresh parsley
- 1 precooked pizza crust (40 cm/16 inches in diameter)
- 250 ml (1 cup) rapini or broccoli florets, blanched
- 75 ml (1/3 cup) chopped red onion
- 250 g (8 oz) Swiss cheese, shredded
- Salt and freshly ground pepper, to taste

### Rose Reisman's Swap It



Dairy Queen is considered a healthier choice since the ice cream is made with milk, not cream. But Blizzards with their additions make this a "once in a blue moon" choice.

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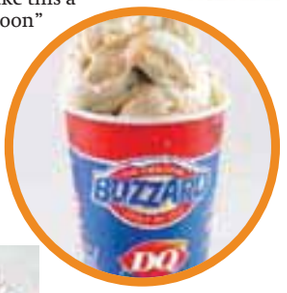

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# SEEING THE EFFECT OF RECYCLING

**Do you know of any charities that accept old eye glasses?** ***Jessica of Vancouver***

## QUEEN OF GREEN

**LINDSAY COULTER**
GREEN@METRONEWS.CA

Donating your old glasses is an excellent idea. One recycling option is a non-profit called OneSight. Visit its website at OneSight.org/na to use its store locator and find a drop-off location. Sponsoring stores include LensCrafters and Pearle Vision. You could also inquire at your local optometrist.

For over two decades, OneSight has collected and distributed eyewear to those in need all over the world. Its charitable efforts have provided free vision care and eyewear to more than eight million people. And in some countries, a pair of eyewear costs more than a month's salary, so your old pair will mean a lot.

Lions Clubs International also collects millions of eyeglasses each year — one of its most popular activities. It costs less than a dollar to provide a pair of recycled eyeglasses, which can change someone's life.

**David Suzuki Foundation**

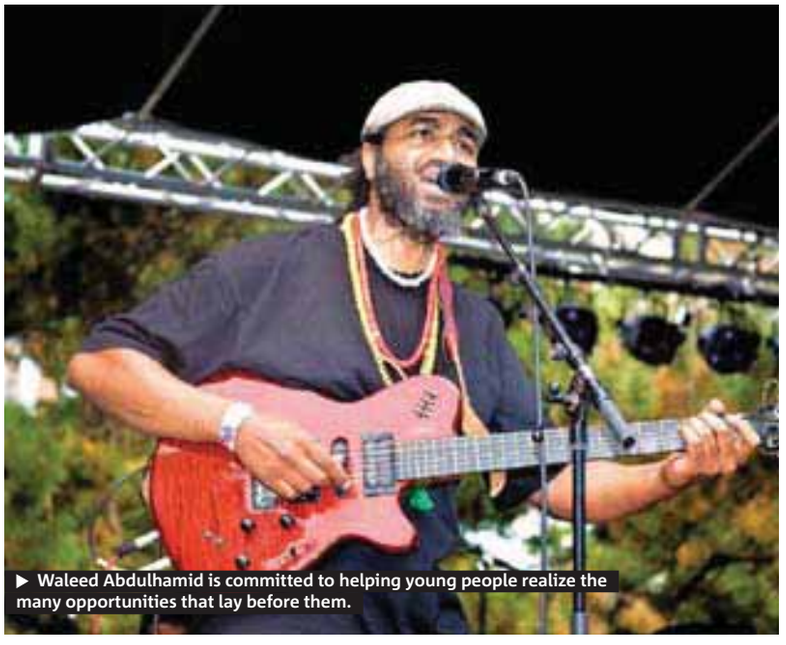
GETTY IMAGES

▶ Recycling old glasses is easier than you think.

# He's belting out a tune of tenacity

**Sudan-born Waleed Abdulhamid never let go of his aspirations and now he's teaching those around him to follow his lead Prepare to be inspired!**

JEAN-MARIE BARIKAGE



▶ Waleed Abdulhamid is committed to helping young people realize the many opportunities that lay before them.

## TURNING POINT

TERESA KRUZE
LIFE@METRONEWS.CA

Waleed Abdulhamid is an award-winning music artist, producer and film maker but it is his work as a mentor and teacher with the Young Centre for the Performing Arts that truly makes him special.

When he speaks to youth his message is simple.

"I'm an African immigrant. Don't wait for opportunity because you have to create it. You have to have the guts to not give up on your dream. Go for it."

Born in Sudan, Waleed left home at 18 to tour all the great cities of the world, performing and working with many top name artists.

But his turning point came in 1992 when he came to Canada and made Toronto his home.

"I love this city. We could be a great role model for the rest of the world because we are so diverse. We come from all colours, all cultures and that's what makes Toronto so unique."

Canada has been given a great gift in Waleed Abdulhamid because he is the "music man" of a new generation that speaks from the heart of cultural unity. He is a role model for us all.

### High hopes

**Do you have a dream? Waleed Abdulhamid suggests:**

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# School stress 101

## Canadian universities watch for signs of distress as more students under pressure seek out counselling

GRAHAM HUGHES/THE CANADIAN PRESS

Dr. Robert Franck says the demand for health services in schools has only increased.

Universities across the country will be keeping a watchful eye on their flocks, looking for signs of distress as the fall semester kicks off.

Many are training residence dons and even professors to spot struggling students, part of a broader effort that has seen universities roll out suicide awareness campaigns, wellness classes and stress-management workshops in recent years.

The push comes as campus clinics scramble to assist a growing number of students seeking help as they wrestle with depression, post-traumatic stress, eating disorders and other conditions.

And even with a list of seminars, clubs and centres to choose from, students say it can be hard to know where to turn for help.

Demand for mental health services "has grown exponentially" over the past decade, said Dr. Robert Franck, who heads the mental health clinic at McGill University in Montreal.

Last year, the clinic - one of the few in the country with several psychiatrists on staff - saw some 1,500 new students on top of those who return year-to-year, totalling more than 18,000 visits, he said.

"We try to give appointments within two weeks, because two weeks in the life of a student ... it's very important when they're struggling and in trouble," he said. THE CANADIAN PRESS

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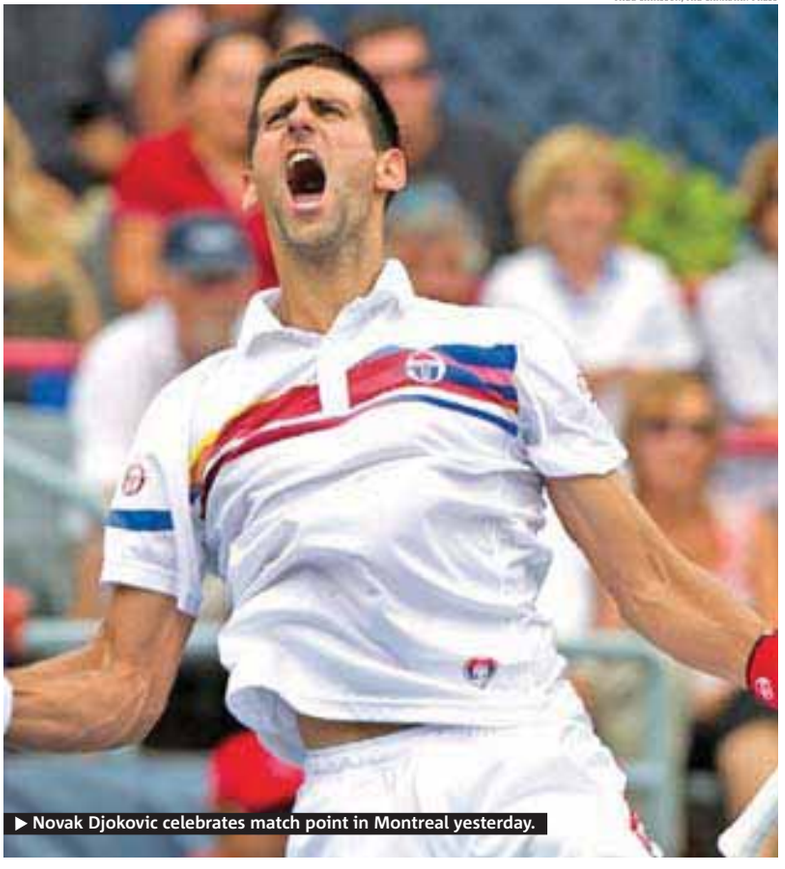
# Djokovic's reign continues

## Top seed battles his way to victory at Rogers Cup ‘This year by far has been the best in my career’: Djokovic

PAUL CHIASSON/THE CANADIAN PRESS



▶ Novak Djokovic celebrates match point in Montreal yesterday.

The wins keep piling up for Novak Djokovic, who now has a second men's Rogers Cup title in his collection.

The world's top-ranked player posted a hard-fought 6-2, 3-6, 6-4 victory over sixth-seeded American Mardy Fish yesterday, a popular outcome before a mostly pro-Djokovic full house on centre court at Uniprix Stadium in Montreal.

It was Djokovic's ninth tournament victory of the year and a record fifth win in one season in an ATP Masters 1,000 event. The Wimbledon champion from Serbia improved his record this year to 53-1, including a perfect 29-0 on hard courts.

"I am human — I can definitely assure you of that," the 24-year-old said with a broad smile. "I guess it's just all about having a positive attitude on the court every day, waking up every day wanting to improve, wanting to win, being determined, being professional.

"It's that desire and motivation that keeps me going. Every match I play, I try to win, regardless which match is it or whoever is across the net."

On this day, he had an opponent nearly as hot as he was in Fish, who was in his third tournament final in a row.

Fish has now lost all seven career meetings with Djokovic, but he gave the top seed a battle with his awkward mix of baseline and attacking play.

**"I'm sure that there is going to be, you know, bad days.... I just feel that now I'm playing the best tennis of my life."**
**NOVAK DJOKOVIC**

It was 2-2 in the third set before Fish lost a weak service game that gave away the match. But the 29-year-old never quit, battling back from 0-40 in the final game and forcing Djokovic to complete the win on his fourth match point.

"I put myself in a lot of positions to have chances," said Fish. "I just didn't execute on the big points.

"There's a reason why (Djokovic) has won so many matches this year. He's got to be leading the tour in break points saved, I'm sure, among other things."

Djokovic, who won his first Rogers Cup title in 2007, picked up $450,000 US for the win. Fish earned $224,000 for his effort to become the second player this year to beat Djokovic after Roger Federer did it at the French Open.

**THE CANADIAN PRESS**

## Serena rises from the ashes

**Serena Williams captured the Rogers Cup women's tennis title in Toronto yesterday to continue a remarkable comeback from injury and illness.**

▶ The 29-year-old American star dispatched No. 10-seed Samantha Stosur of Australia 6-4, 6-2 to win her first Rogers title since claiming the Canadian tournament crown in 2001.

▶ The Rogers Cup was just Williams' fourth tournament since being sidelined for 49 weeks, first with a foot injury she suffered when she stepped on a piece of glass in a restaurant in Germany, and then with blood clots in her lungs.

# Stunning collapse costs Dufner a championship

MATT SLOCUM/THE ASSOCIATED PRESS

▶ Keegan Bradley celebrates yesterday.

Keegan Bradley won the PGA Championship yesterday with one of the greatest comebacks in major championship history.

Bradley was down by five strokes after a triple bogey on the 15th hole of regulation. Jason Dufner appeared to have the title wrapped up, but Bradley rallied and Dufner collapsed.

Dufner put his tee shot in the water at 15, setting up the first of three straight bogeys. Bradley made birdies at 16 and 17, going to the final hole suddenly tied for the lead.

Both players made par on the 72nd hole, but Bradley won the three-hole playoff by a single stroke. He tapped in for par at the 18th hole and lifted the Wanamaker Trophy in Johns Creek, Ga.

**THE ASSOCIATED PRESS**

## Sports in brief

### Real Madrid, Barcelona play to draw in Supercup

**SOCCER.** Xabi Alonso's second-half goal earned Real Madrid a 2-2 draw against Barcelona in a first-leg Spanish Supercup match yesterday. Barcelona may field Cesc Fabregas in Wednesday's return leg at the Camp Nou after announcing during the game it had reached a deal for the Arsenal midfielder. **THE ASSOCIATED PRESS**

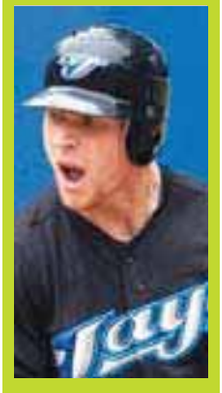
### Uggla's streak ends at 33

**MLB.** Braves second baseman Dan Uggla's 33-game hitting streak, the longest in the majors in five years, ended when he was 0-for-3 in yesterday's 6-5 loss to the Cubs. Uggla streak passed Rico Carty's 31-game streak in 1970 as the longest in Atlanta Braves history.

**THE ASSOCIATED PRESS**

4 sports

**Quoted**



**"I'm sure every guy wants to be that guy in here. I was just fortunate enough that it was my turn."**
**BRETT LAWRIE, WHOSE NINTH-INNING DOUBLE SCORED COLBY RASMUS TO PULL THE BLUE JAYS INTO A 4-4 TIE AGAINST THE LOS ANGELES ANGELS YESTERDAY. EDWIN ENCARNACION SINGLED WITH TWO OUT IN THE 10TH INNING TO SCORE YUNEL ESCOBAR AND GIVE THE JAYS A 5-4 WIN.**

Scan code for more sports.

# MAJOR LEAGUE BASEBALL

## AMERICAN LEAGUE

**EAST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Boston | 73 | 46 | .613 | — |
| New York | 72 | 46 | .610 | ½ |
| Tampa Bay | 64 | 55 | .538 | 9 |
| Toronto | 61 | 59 | .508 | 12½ |
| Baltimore | 46 | 72 | .390 | 26½ |

**CENTRAL DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Detroit | 64 | 56 | .533 | — |
| Cleveland | 60 | 57 | .513 | 2½ |
| Chicago | 60 | 60 | .500 | 4 |
| Minnesota | 52 | 67 | .437 | 11½ |
| Kansas City | 50 | 71 | .413 | 14½ |

**WEST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Texas | 69 | 52 | .570 | — |
| Los Angeles | 65 | 56 | .537 | 4 |
| Oakland | 53 | 67 | .442 | 15½ |
| Seattle | 52 | 67 | .437 | 16 |

**Yesterday's results**

Toronto 5 L.A. Angels 4 (10 ings)

Baltimore 8 Detroit 5

Chicago White Sox 6 Kansas City 2

Seattle 5 Boston 3

Texas 7 Oakland 6

Minnesota at Cleveland (ppd., rain)

Tampa Bay at N.Y. Yankees (ppd., rain)

**Saturday Results**

Toronto 11 L.A. Angels 2

Chicago White Sox 5 Kansas City 4

Cleveland 3 Minnesota 1

Detroit 6 Baltimore 5

N.Y. Yankees 9 Tampa Bay 2

Seattle 5 Boston 4

Texas 7 Oakland 1

**Monday Games**

Minnesota (Liriano 7-9) at Detroit (Porcello 11-7), 7:05 p.m.

N.Y. Yankees (A.J.Burnett 8-9) at Kansas City (F.Paulino 1-4), 8:10 p.m.

Baltimore (Tom.Hunter 1-2) at Oakland (G.Gonzalez 9-10), 10:05 p.m.

Texas (Ogando 11-5) at L.A. Angels (Richards 0-1), 10:05 p.m.

Toronto (H.Alvarez 0-0) at Seattle (Pineda 9-7), 10:10 p.m.

**Tuesday Games**

Tampa Bay at Boston, 1:05 p.m., 1st game

Minnesota at Detroit, 7:05 p.m.

Tampa Bay at Boston, 7:10 p.m., 2nd game

Cleveland at Chicago White Sox, 8:10 p.m.

N.Y. Yankees at Kansas City, 8:10 p.m.

Baltimore at Oakland, 10:05 p.m.

Texas at L.A. Angels, 10:05 p.m.

Toronto at Seattle, 10:10 p.m.

## NATIONAL LEAGUE

**EAST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Philadelphia | 78 | 41 | .655 | — |
| Atlanta | 70 | 51 | .579 | 9 |
| New York | 58 | 62 | .483 | 20½ |
| Washington | 57 | 62 | .479 | 21 |
| Florida | 56 | 64 | .467 | 22½ |

**CENTRAL DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Milwaukee | 70 | 51 | .579 | — |
| St. Louis | 64 | 56 | .533 | 5½ |
| Cincinnati | 59 | 62 | .488 | 11 |
| Pittsburgh | 56 | 63 | .471 | 13 |
| Chicago | 53 | 68 | .438 | 17 |
| Houston | 38 | 83 | .314 | 32 |

**WEST DIVISION**

| | W | L | Pct | GB |
|---|---|---|---|---|
| Arizona | 68 | 53 | .562 | — |
| San Francisco | 66 | 55 | .545 | 2 |
| Colorado | 56 | 65 | .463 | 12 |
| Los Angeles | 55 | 64 | .462 | 12 |
| San Diego | 54 | 68 | .443 | 14½ |

**Yesterday's results**

Arizona 5 N.Y. Mets 3

Chicago Cubs 6 Atlanta 5

L.A. Dodgers 7 Houston 0

Milwaukee 2 Pittsburgh 1 (10 ings)

San Diego 7 Cincinnati 3

San Francisco 5 Florida 2

Colorado at St. Louis

Washington at Philadelphia (ppd., rain)

**Saturday Results**

Arizona 6 N.Y. Mets 4

Chicago Cubs 8 Atlanta 4

Cincinnati 13 San Diego 1

Colorado 6 St. Louis 1

L.A. Dodgers 6 Houston 1

Milwaukee 1 Pittsburgh 0

Philadelphia 11 Washington 3

San Francisco 3 Florida 0

**Monday Games**

San Francisco (Bumgarner 7-11) at Atlanta (T.Hudson 12-7), 7 p.m.

St. Louis (Westbrook 9-6) at Pittsburgh (Ja.McDonald 7-6), 7:05 p.m.

Chicago Cubs (R.Lopez 3-3) at Houston (Sosa 0-1), 8:05 p.m.

L.A. Dodgers (Lilly 7-12) at Milwaukee (Wolf 9-8), 8:10 p.m.

Florida (Hensley 1-4) at Colorado (Millwood 0-1), 8:40 p.m.

N.Y. Mets (Dickey 5-11) at San Diego (Harang 11-3), 10:05 p.m.

**Tuesday Games**

Arizona at Philadelphia, 7:05 p.m.

Cincinnati at Washington, 7:05 p.m.

St. Louis at Pittsburgh, 7:05 p.m.

San Francisco at Atlanta, 7:10 p.m.

Chicago Cubs at Houston, 8:05 p.m.

L.A. Dodgers at Milwaukee, 8:10 p.m.

Florida at Colorado, 8:40 p.m.

N.Y. Mets at San Diego, 10:05 p.m.

## BLUE JAYS 5, ANGELS 4 (10 INN.)

| Los Angeles | ab | r | h | bi | Toronto | ab | r | h | bi |
|---|---|---|---|---|---|---|---|---|---|
| Bourjos cf | 4 | 1 | 2 | 1 | YEscor ss | 3 | 1 | 0 | 0 |
| Callasp 3b | 3 | 0 | 0 | 1 | EThms lf | 3 | 1 | 1 | 2 |
| Abreu dh | 4 | 1 | 2 | 0 | RDavis ph | 1 | 0 | 0 | 0 |
| TrHntr rf | 4 | 1 | 1 | 2 | Teahen pr-lf | 1 | 0 | 0 | 0 |
| Trumo 1b | 4 | 0 | 0 | 0 | Bautist rf | 4 | 1 | 3 | 1 |
| V.Wells lf | 4 | 0 | 0 | 0 | Lind 1b | 5 | 0 | 0 | 0 |
| HKndrc 2b | 4 | 0 | 0 | 0 | Encrnc dh | 5 | 0 | 2 | 1 |
| Aybar ss | 4 | 0 | 0 | 0 | Rasms cf | 4 | 1 | 1 | 0 |
| BoWlsn c | 3 | 1 | 1 | 0 | Lawrie 3b | 4 | 0 | 1 | 1 |
| Arencii c | 4 | 0 | 0 | 0 | | | | | |
| JMcDnl 2b | 4 | 1 | 2 | 0 | | | | | |
| **Totals** | **34** | **4** | **6** | **4** | **Totals** | | **38** | **5** | **10** **5** |

| | | | |
|---|---|---|---|
| **Los Angeles** | **201** | **010** | **000** | **0—4** |
| **Toronto** | **000** | **201** | **001** | **1—5** |

Two outs when winning run scored.

DP—Toronto 1. LOB—Los Angeles 1, Toronto 7. 2B—Bourjos (21), Bo.Wilson (6), Rasmus (5), Lawrie (3), Jo.McDonald (8). 3B—Bourjos (8). HR—Tor.Hunter (15), E.Thames (7), Bautista (34). SB—Abreu 2 (17), Lawrie (1). S—Y.Escobar. SF—Callaspo.

| | IP | H | R | ER | BB | SO |
|---|---|---|---|---|---|---|
| **Los Angeles** | | | | | | |
| Haren | 7 | 5 | 3 | 3 | 0 | 5 |
| S.Downs H,20 | 1 | 2 | 0 | 0 | 0 | 0 |
| Walden BS,8-34 | 1 | 2 | 1 | 1 | 0 | 1 |
| Rodney L,2-5 | 1-3 | 0 | 1 | 1 | 2 | 1 |
| Takahashi | 1-3 | 1 | 0 | 0 | 0 | 0 |
| **Toronto** | | | | | | |
| Cecil | 7 | 5 | 4 | 4 | 0 | 3 |
| Janssen | 1 | 0 | 0 | 0 | 0 | 1 |
| F.Francisco | 1 | 1 | 0 | 0 | 0 | 0 |
| Rauch W,5-3 | 1 | 0 | 0 | 0 | 0 | 1 |

Umpires—Home, David Rackley; First, Alan Porter; Second, Rob Drake; Third, Gary Darling.

T—2:52. A—23,355 (49,260).

# TENNIS

## ATP ROGERS CUP

**At Montreal**
**Singles**
**Championship**

Novak Djokovic (1), Serbia, def. Mardy Fish (6), U.S., 6-2, 3-6, 6-4.

**Doubles**
**Championship**

Michael Llodra, France, and Nenad Zimonjic (4), Serbia, def. Bob and Mike Bryan (1), U.S., 6-4, 6-7 (5), 10-5 tiebreak.

## WTA ROGERS CUP

**At Toronto**
**Singles**
**Championship**

Serena Williams, U.S., def. Sam Stosur (10), Australia, 6-4, 6-2.

**Doubles**
**Championship**

Liezel Huber and Lisa Raymond (3), U.S., def. Victoria Azarenka, Belarus, and Maria Kirilenko (4), Russia, walkover.

# CFL

## WEEK SEVEN

**EAST DIVISION**

| | GP | W | L | T | PF | PA | Pt |
|---|---|---|---|---|---|---|---|
| Winnipeg | 7 | 6 | 1 | 0 | 182 | 130 | 12 |
| Montreal | 7 | 5 | 2 | 0 | 222 | 156 | 10 |
| Hamilton | 7 | 4 | 3 | 0 | 189 | 176 | 8 |
| Toronto | 7 | 1 | 6 | 0 | 160 | 215 | 2 |

**WEST DIVISION**

| | GP | W | L | T | PF | PA | Pt |
|---|---|---|---|---|---|---|---|
| Calgary | 7 | 5 | 2 | 0 | 194 | 172 | 10 |
| Edmonton | 7 | 5 | 2 | 0 | 173 | 154 | 10 |
| B.C. | 7 | 1 | 6 | 0 | 167 | 202 | 2 |
| Saskatchewan | 7 | 1 | 6 | 0 | 147 | 229 | 2 |

**Saturday Results**

Hamilton 37 Toronto 32

Winnipeg 30 B.C. 17

**Friday Result**

Calgary 45 Saskatchewan 35

**Thursday Result**

Montreal 27 Edmonton 4

**WEEK EIGHT**

Byes: Calgary, Hamilton, Montreal, Winnipeg

**Thursday, Aug. 18**

Saskatchewan at Toronto, 7:30 p.m.

**Friday, Aug. 19**

B.C. at Edmonton, 9 p.m.

# SOCCER

## MLS

**Last night's result**

Portland at Houston

**Saturday Results**

Toronto 1 Real Salt Lake 0

D.C. United 4 Vancouver 0

Chivas USA 0 Seattle 0

Colorado 2 San Jose 1

Columbus 3 New England 1

New York 2 Chicago 2

Philadelphia 2 Dallas 2

## ENGLAND

### PREMIER LEAGUE

**Yesterday's results**

Stoke 0 Chelsea 0

West Bromwich Albion 1 Manchester United 2

### LEAGUE CHAMPIONSHIP

**Yesterday's results**

Blackpool 2 Peterborough 1

Cardiff 3 Bristol City 1

## FRANCE

### LIGUE 1

**Yesterday's results**

Evian 1 Nice 0

Auxerre 2 Marseille 2

Lille 0 Montpellier 1

## GERMANY

### BUNDESLIGA

**Yesterday's results**

Kaiserslautern 1 Augsburg 1

Bayer Leverkusen 1 Werder Bremen 0

## SCOTLAND

### PREMIER LEAGUE

**Yesterday's results**

Kilmarnock 4 Hibernian 1

# GOLF

## PGA CHAMPIONSHIP

**At JOHNS CREEK, Ga.**
**Par 70**
**Final round**
**(x—won on three-hole aggregate playoff):**

| | |
|---|---|
| x-Keegan Bradley | 71-64-69-68—272 |
| Jason Dufner | 70-65-68-69—272 |
| Anders Hansen | 68-69-70-66—273 |
| Robert Karlsson | 70-71-67-67—275 |
| David Toms | 72-71-65-67—275 |
| Scott Verplank | 67-69-69-70—255 |
| Adam Scott | 69-69-70-68—276 |
| Lee Westwood | 71-68-70-68—277 |
| Luke Donald | 70-71-68-68—277 |
| Kevin Na | 72-69-70-67—278 |
| D.A. Points | 69-67-71-71—278 |
| Trevor Immelman | 69-71-71-68—279 |
| Gary Woodland | 70-70-71-68—279 |
| Sergio Garcia | 72-69-69-69—279 |
| Bill Haas | 68-73-69-69—279 |
| Nick Watney | 70-71-68-70—279 |
| Charl Schwartzel | 71-71-66-71—279 |
| Steve Stricker | 63-74-69-73—279 |
| Brian Davis | 69-73-69-69—280 |
| Phil Mickelson | 71-70-69-70—280 |
| Ryan Palmer | 71-70-69-70—280 |
| Matt Kuchar | 71-71-68-70—270 |
| Hunter Mahan | 72-72-66-70—280 |
| John Senden | 68-68-72-72—280 |
| Brendan Steele | 69-68-66-77—280 |
| Charles Howell III | 72-68-73-68—281 |
| Robert Allenby | 72-70-71-68—281 |
| Jerry Kelly | 65-73-74-69—281 |
| Bubba Watson | 74-68-70-69—281 |
| Mark Wilson | 69-71-71-70—281 |
| Scott Piercy | 71-68-71-71—281 |
| Brendon de Jonge | 68-72-69-72—281 |
| Spencer Levin | 71-70-68-72—281 |
| Chris Kirk | 72-72-69-69—282 |
| Alexander Noren | 70-72-68-72—282 |
| Francesco Molinari | 72-71-67-72—282 |
| Matteo Manassero | 68-74-71-70—283 |
| Ben Crane | 71-72-66-74—283 |
| Johan Edfors | 71-70-73-70—284 |
| Harrison Frazar | 72-69-72-71—284 |
| Ian Poulter | 74-68-70-72—284 |
| K.J. Choi | 70-73-69-72—284 |
| Bill Lunde | 71-71-69-73—284 |
| Jim Furyk | 71-65-73-75—284 |
| Andres Romero | 72-70-74-69—285 |
| Pablo Larrazabal | 70-73-76-66—295 |
| Ross Fisher | 71-69-76-69—285 |
| Seung-yul Noh | 71-70-75-69—285 |
| Yuta Ikeda | 73-68-72-72—285 |
| Brandt Jobe | 68-69-73-75—285 |
| Rickie Fowler | 74-69-75-68—286 |
| John Rollins | 72-72-70-72—286 |
| Jhonattan Vegas | 70-68-74-74—286 |
| Johnson Wagner | 71-69-72-74—286 |
| Simon Dyson | 68-72-71-75—286 |
| Ryan Moore | 75-69-76-67—287 |
| Ricky Barnes | 69-75-71-72—287 |
| Bryce Molder | 74-69-70-74—287 |
| Michael Bradley | 70-74-74-70—288 |
| Zach Johnson | 71-72-73-72—288 |
| K.T. Kim | 73-71-70-74—288 |
| Kevin Streelman | 73-71-71-75—290 |
| Robert Garrigus | 70-70-74-76—290 |
| Sean O'Hair | 71-73-77-70—291 |
| Peter Hanson | 71-71-76-73—291 |
| Padraig Harrington | 73-69-75-74—291 |
| Rory McIlroy | 70-73-74-74—291 |
| Miguel Angel Jimenez | 69-73-72-77—291 |
| Edoardo Molinari | 75-69-76-72—292 |
| Y.E. Yang | 71-73-74-74—292 |
| Mike Small | 73-71-70-78—292 |
| Paul Casey | 72-72-78-72—294 |
| Davis Love III | 68-71-76-79—294 |
| Shaun Micheel | 66-78-77-74—295 |
| Rory Sabbatini | 73-69-73-80—255 |

## NATIONWIDE-PRICE CUTTER CHARITY CHAMPIONSHIP

**At SPRINGFIELD, Mo.**
**Par 72**
**Final round**

| | |
|---|---|
| Steve Friesen, $112,500 | 62-68-68-64—262 |
| Gavin Coles, $67,500 | 64-68-69-66—267 |
| Paul Claxton, $28,188 | 69-65-68-66—268 |
| Cliff Kresge, $28,188 | 67-65-69-67—268 |
| Ted Potter, Jr., $28,188 | 69-64-68-67—268 |
| Josh Broadaway, $28,188 | 66-65-68-69—268 |
| Travis Hampshire, $28,188 | 68-67-63-70—268 |
| Justin Bolli, $19,375 | 69-69-67-64—269 |
| Jay Williamson, $16,875 | 69-66-69-66—270 |
| Michael Sims, $16,875 | 69-67-65-69—270 |
| Casey Wittenberg, $16,875 | 68-69-63-70—270 |
| Russell Knox, $14,375 | 68-67-69-67—271 |
| Nicholas Thompson, $10,714 | 69-66-69-68—272 |
| Tommy Biershenk, $10,714 | 68-69-67-68—272 |
| Jason Kokrak, $10,714 | 70-67-67-68—272 |
| John Kimbell, $10,714 | 70-68-66-68—272 |
| Tyrone Van Aswegen, $10,714 | 66-67-70-69—272 |
| Seong Ho Lee, $10,714 | 70-66-67-69—272 |
| Ken Duke, $10,714 | 68-67-68-69—272 |
| James Hahn, $7,025 | 68-69-69-67—273 |
| Dawie van der Walt, $7,025 | 69-69-68-67—273 |
| Brad Adamonis, $7,025 | 66-66-72-69—273 |
| Craig Bowden, $7,025 | 65-68-71-69—273 |
| Rob Oppenheim, $7,025 | 69-70-65-69—273 |
| David Lutterus, $5,125 | 67-66-71-70—274 |
| Patrick Reed, $5,125 | 69-67-68-70—274 |
| Peter Lonard, $5,125 | 69-68-67-70—274 |
| Kyle Reifers, $5,125 | 71-67-66-70—274 |
| Mark Anderson, $4,292 | 68-66-71-70—275 |
| Brian Smock, $4,292 | 71-68-67-69—275 |
| Brian Stuard, $4,292 | 68-69-67-71—275 |
| Rahil Gangjee, $3,625 | 70-68-71-67—276 |
| Trevor Murphy, $3,625 | 70-67-71-68—276 |
| Scott Sterling, $3,625 | 69-68-70-69—276 |
| Greg Owen, $3,625 | 68-70-67-71—276 |
| Zack Sucher, $3,625 | 66-66-72-72—276 |
| David Morland IV, $3,625 | 70-66-68-72—276 |

**Also**

| | |
|---|---|
| **David Morland IV, $3,625** | **70-66-68-72-276** |

# NFL

## PRE-SEASON

**Saturday's results**

Cleveland 27, Green Bay 17

Chicago 10, Buffalo 3

Tennessee 14, Minnesota 3

St. Louis 33, Indianapolis 10

Carolina 20, N.Y. Giants 10

**Tonight's game**

N.Y. Jets at Houston, 8 p.m.

**Thursday, Aug. 18**

New England at Tampa Bay, 7:30 p.m.

Philadelphia at Pittsburgh, 8 p.m.

**Friday, Aug. 19**

Washington at Indianapolis, 7 p.m.

Carolina at Miami, 7:30 p.m.

Detroit at Cleveland, 7:30 p.m.

Kansas City at Baltimore, 7:30 p.m.

Arizona at Green Bay, 8 p.m.

Atlanta at Jacksonville, 8 p.m.

**Saturday, Aug. 20**

Oakland at San Francisco, 8 p.m.

Tennessee at St. Louis, 8 p.m.

New Orleans at Houston, 8 p.m.

Buffalo at Denver, 8:30 p.m.

Minnesota at Seattle, 10 p.m.

**Sunday, Aug. 21**

Cincinnati at N.Y. Jets, 7 p.m.

San Diego at Dallas, 8 p.m.

**Monday, Aug. 22**

Chicago at N.Y. Giants, 8 p.m.

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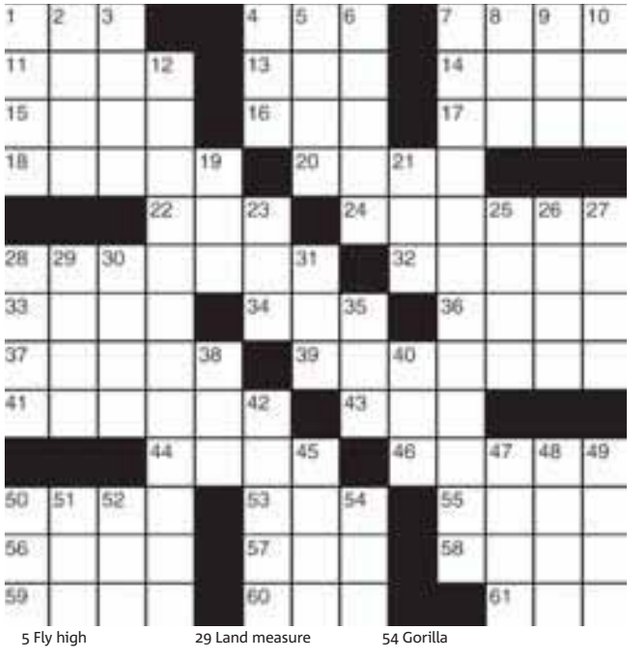
## Crossword



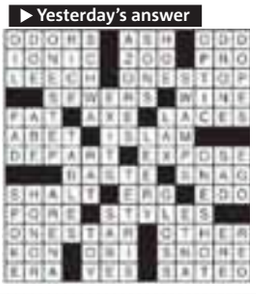
**Across**

1 Small pellets
4 Cigar residue
7 Soft-drink flavor
11 Secular
13 Sticky stuff
14 Mountain goat
15 Norway's capital
16 Erstwhile acorn
17 Buster Brown's dog
18 Grave robber
20 Red gemstone
22 Pinch
24 Round peg in a square hole
28 3/4 time dances
32 Coast
33 Bakery employee
34 — Mahal
36 Capri is one
37 Cafeteria carriers
39 Mends old jeans, maybe
41 Old Toyota model
43 Stir-fry pan
44 Cambodia neighbor
46 It makes dough rise
50 God, in Grenoble
53 "CSI" evidence
55 Ancient letter
56 Bedouin
57 Republicans
58 Ollie's pal
59 New York ball club
60 Female sheep
61 Choose

**Down**

1 Online journal
2 Wild party
3 Missile shelter
4 Past
5 Fly high
6 Nonsense
7 1991 movie for which Jack Palance earned an Oscar
8 Japanese sash
9 Lower limb
10 Hatchet
12 Golfers' meccas
19 Taylor or Claiborne
21 Huge
23 Favorite
25 Tuna or carp
26 Not busy
27 Ball holders
28 Skater Katarina
29 Land measure
30 Shakespearean king
31 Tree fluid
35 Mandible
38 Vast expanse
40 Plaything
42 Skiers' hotel
45 Winter forecast
47 Car
48 Break suddenly
49 Campsite shelter
50 Beaver's construction
51 Anger
52 Dine on
54 Gorilla

▶ Yesterday's answer



## Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | | 3 | | 2 | 6 |
| 2 | 6 | | | | | | | |
| | | | | | 2 | 3 | | 5 |
| 6 | 5 | | | 7 | 1 | | 9 | |
| | 4 | | | | | | 5 | |
| | 9 | | 8 | 6 | | | 4 | 1 |
| 7 | | 5 | 9 | | | | | |
| | | | | | | | 6 | 7 |
| 9 | 8 | | 3 | | | | | |

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 8 | 3 | 9 | 2 | 4 | 7 | 1 | 5 |
| 9 | 1 | 2 | 6 | 7 | 5 | 8 | 4 | 3 |
| 5 | 7 | 4 | 3 | 8 | 1 | 9 | 2 | 6 |
| 1 | 5 | 8 | 2 | 6 | 3 | 4 | 7 | 9 |
| 2 | 4 | 6 | 1 | 9 | 7 | 3 | 5 | 8 |
| 7 | 3 | 9 | 5 | 4 | 8 | 1 | 6 | 2 |
| 8 | 2 | 7 | 4 | 3 | 6 | 5 | 9 | 1 |
| 4 | 9 | 1 | 8 | 5 | 2 | 6 | 3 | 7 |
| 3 | 6 | 5 | 7 | 1 | 9 | 2 | 8 | 4 |

## Send a KISS

**You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.**

AMR
I love you. You are the best that ever happened to me, you make me complete. I miss you terribly and can't wait to come back in your arms because only then I will know that everything is all right. You are my one true love and I feel so grateful that I have you in my life... you who accept my flaws and love me the way I am. Sweetheart, I love you. I miss you. Happy birthday! **FROM AER**

young blond haired boy in a blue mini van
to the young blond haired boy in the blue van at Hasty Mart store Sarnia and Wonderland, thank you for making my DAY,HECK YOOU MADE THIS LADIES YEAR!!!! to his parents you have raised a very respectful and polite young man thank you!!!! **FROM BEAUTIFUL LADY**

## Today's horoscope

*For today's crossword answers and for expanded horoscopes, go to metronews.ca*

**♈ Aries March 21-April 20** Speak your mind today and if others don't like what you have to say that's too bad.

**♉ Taurus April 21-May 21** This is not an easy time of year for you but, as always, you will rise to the challenges that come your way.

**♊ Gemini May 22-June 21** You will be at your imperious best as the new weeks begins.

**♋ Cancer June 22-July 22** Don't commit yourself to anything that cannot be changed at a moment's notice.

**♌ Leo July 23-Aug.23** No matter what problems or difficulties you may encounter over the next few days you will deal with them all with ease.

**♍ Virgo Aug. 24- Sept. 22** You will certainly make an impression today but will it be the right sort?

**♎ Libra Sept. 23-Oct. 23** Most people you deal with today will give you what you desire without having to be asked twice.

**♏ Scorpio Oct. 24-Nov. 22** A door that has been closed to you in the past is at last starting to open but for some reason you seem reluctant to pass through.

**♐ Sagittarius Nov. 23-Dec. 21** Stay calm and don't get carried away with your own success.

**♑ Capricorn Dec. 22-Jan. 20** If your attitude is right you'll do a wonderfully good job.

**♒ Aquarius Jan. 21-Feb. 18** Is what you are doing with your life what you want to be doing a year from now?

**♓ Pisces Feb. 19-March 20.** Break out of the rut you are in and learn to enjoy living close to the edge. **SALLY BROMPTON**

## Caption contest

KOJI SASAHARA/ THE ASSOCIATED PRESS

AIJAZ RAHI/ THE ASSOCIATED PRESS

WIN!

### You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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- Stow N Go, Load, A/C
- st: 32529
- km: 48671

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$146*** Bi-weekly

### 07 Beetle Convert.
- Load, A/C, Lthr, Auto
- st: 32279
- km: 74238

$16,940
$154** Bi-weekly

### 09 Dodge Journey
- Load, A/C, Auto
- st: 11277-A
- km: 61979

$15,980
$129*** Bi-weekly

### 08 Ford Fusion SEL
- V6, Load, Roof, A/C, Auto
- st: 32558
- km: 108563

$10,890
$99** Bi-weekly

### 07 Jeep Patriot Sport
- Load, A/C, Auto
- st: 31996
- km: 76411

$10,860
$99** Bi-weekly

### 10 Corolla CE
- Load, A/C, Auto
- st: 32303
- km: 65154

$14,450
$117*** Bi-weekly

### 10 Nissan Sentra
- Load, A/C, Auto
- st: 32385
- km: 60529

$13,750
$111*** Bi-weekly

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### 10 Mustang Convert
- Load, A/C, Auto
- st: 31839
- km: 53533

$23,850
$185*** Bi-weekly

### 07 Sienna CE
- Load, A/C, Auto
- st: 32328
- km: 92142

$15,930
$145*** Bi-weekly

### 08 Mazda3 GX
- Load, A/C
- st: 32546
- km: 100471

$9,460
$86** Bi-weekly

### 08 Toyota Yaris
- Std
- st: 32499
- km: 51207

$9,650
$88** Bi-weekly

### 07 Chevrolet Cobalt
- Auto
- st: 32487
- km: 64138

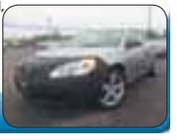
$6,990
$64** Bi-weekly

### 09 Honda Fit
- A/C
- st: 32160-A
- km: 14203

$13,950
$113*** Bi-weekly

### 07 Pontiac G6 GT
- Convert, Load, A/C, Auto
- st: 32611
- km: 74951

$14,950
$136** Bi-weekly



### 08 LandRover LR2 SE
- Load, A/C, Roof, Lthr, Auto
- st: 32460
- km: 87162

$21,650
$190*** Bi-weekly

### 11 Mazda2
- Load, A/C, Auto
- st: 32649
- km: 30

$16,950
$137*** Bi-weekly

### 07 Saturn Aura XE
- Load, A/C, Auto
- st: 31687
- km: 81620

$9,660
$88** Bi-weekly

### 10 Honda Insight
- Hybrid, Load, A/C, Auto
- st: 31958-A
- km: 53737

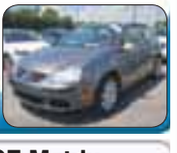
$18,800
$152*** Bi-weekly

### 09 Kia Rio
- Load, A/C, Auto
- st: 32437
- km: 63588

$9,820
$79*** Bi-weekly

### 07 Volkswagen Rabbit
- Load, A/C, Auto
- st: 32523
- km: 71325

$11,950
$109** Bi-weekly



### 08 Benz B200
- Load, A/C, Auto
- st: 32353
- km: 66500

$17,880
$163** Bi-weekly

### 07 Sebring
- Load, A/C
- st: 31515
- km: 86262

$9,680
$88** Bi-weekly

### 07 Accent GS
- Std
- st: 31708
- km: 94360

$6,550
$60** Bi-weekly

### 07 Civic DX-G
- Load, A/C, Auto
- st: 11136-A
- km: 93331

$11,350
$103** Bi-weekly

### 07 Nissan Versa S
- Load, A/C, Auto
- st: 32667
- km: 95990

$8,960
$82** Bi-weekly

### 07 Matrix
- Std
- st: 31443
- km: 91796

$7,950
$72** Bi-weekly

### 09 PT-Cruiser
- Load, A/C, Auto
- st: 32428
- km: 61199

$8,950
$72*** Bi-weekly

### 08 Ford Focus SE
- Load, A/C, Auto
- st: 31986
- km: 91981

$8,970
$82** Bi-weekly

### 07 Elantra GL
- Auto
- st: 31589
- km: 96648

$7,950
$72** Bi-weekly

### 07 Kia Spectra LX
- Load, A/C, Auto
- st: 11329-A
- km: 52231

$8,350
$76** Bi-weekly

### 07 Pontiac G5
- Std
- st: 32485
- km: 41476

$6,370
$58** Bi-weekly

### 10 Altima 2.5S
- Load, A/C, Auto
- st: 32443
- km: 75294

$14,950
$121*** Bi-weekly

### 08 Volvo C30
- Load, A/C, Auto
- st: 32561
- km: 77462

$16,970
$155** Bi-weekly

### 08 Lexus IS 250
- AWD, Load, A/C, Roof, Lthr, Auto
- st: 29824
- km: 75146

$28,840
$253** Bi-weekly

### 07 Equinox LT
- Load, A/C, Roof, Auto
- st: 32482
- km: 57348

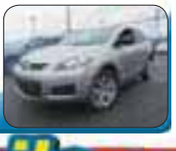
$13,640
$124** Bi-weekly

### 07 Acura TSX
- Load, A/C, Roof, Lthr, Auto
- st: 32300
- km: 80527

$16,840
$153** Bi-weekly

### 07 Mazda CX-7 GS
- Load, A/C, Roof, Auto
- st: 31015
- km: 73600

$14,950
$136** Bi-weekly



### 08 Ford Escape XLT
- Load, A/C, Auto
- st: 32597
- km: 60987

$14,460
$132** Bi-weekly

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